



Super Awesome Sugar Free Diabetic Muffin Recipes: Low Sugar Versions of Your Favorite Muffins (Diabetic Recipes) (Volume 3)

Laura Sommers

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Muffins are great for breakfast or a snack. But if you are diabetic or trying to lose weight they are a temptation. Look no further. I have compiled a list of sugar-free low carb or no carb muffin recipes for the diabetic or sugar conscious weight watcher. I hope that you enjoy!

Recipes Include:

Low Carb Banana Muffins
Sugar Free Jalapeno and Cheddar Muffins
Low Carb Pumpkin Muffins
Sugar Free Poppy Seed Muffins
No Sugar Strawberry Lemon Muffins
Low Carb Apple Cinnamon Muffins
Sugar Free Blueberry Muffins
No Sugar Sweet Potato Muffins
Low Carb Chocolate Chip and Fig Muffins
Sugar Free English Muffins
Low Sugar Chocolate Chocolate Chip Muffins
Low Carb Bacon Egg and Cheese Muffins
Sugar Free Zucchini and Cheese Muffins
No Sugar Spinach Egg Muffins
Low Carb Cornbread Muffins
Sugar Free Flax Muffins
Low Carb Cranberry Muffins
Sugar Free Gingerbread Cream Cheese Muffins
Low Carb Vanilla Pear Muffins
Low Carb Carrot Muffins
Sugar Free Spinach Muffins
Sugar Free Blackberry Muffins
Carb Counter Coconut Muffins

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Robert Rios:

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Deborah Martins:

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Gordon Rollins:

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