



Krause's Food, Nutrition, & Diet Therapy

Sylvia Escott-Stump

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Review of the Last Edition: "The exquisite organization, outstanding clarity of presentation, and extensive depth and span of nutrition topics make this book one of the best ever written in the field." --Journal of Nutrition Education "Long regarded ...as the definitive source on normal and clinical nutrition", (Journal of Parental and Enteral Nutrition, review of the last edition), this comprehensive reference provides the background readers need to understand basic nutrition, assess clients of varying ages and illnesses, plan dietary support that meets their unique needs, and promote good health and fitness.

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