



# Examination of the Shoulder: The Complete Guide

*Edward McFarland*

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## **Examination of the Shoulder: The Complete Guide** Edward McFarland

The complex structure of the shoulder, with its variable pathological conditions of rotator cuff disease, degenerative joint disease, and Type II SLAP lesions, makes clinical examination and assessment difficult for both new and experienced practitioners. With this text you will gain a full understanding of shoulder anatomy and the principles of physical shoulder examination and the nature and presentation of the pathological processes causing shoulder pain. This text discusses range of motion measurements, laxity testing, shoulder instability and presents critical analysis of the usefulness and accuracy of examination practices. Thorough and accessible, this text is ideal for all clinicians called upon to perform shoulder exams and interpret findings. An accompanying DVD contains narrated footage of the examination techniques described in the text for easy comprehension and review. You will also find examples of abnormal findings and biomechanical models demonstrating the complexity of shoulder motion. No orthopedic surgeon, orthopedic resident, physical therapist, athletic trainer, or specialist treating the shoulder should be without this outstanding text and DVD.

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