



# Notes to Future Self

*Lucy Caldwell*

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## Notes to Future Self Lucy Caldwell

*Judy's my mom. It's an understatement to say she's a bit of a hippy. I mean who else but a New Ager calls their baby 'Philosophy Rainbow'? I try to go by 'Sophie'.*

Sophie and Calliope have never been to school. Their mum ran away from home when she was seventeen to join the New Age movement and the girls were raised in a series of ashrams, communes and impromptu raves.

When Sophie gets ill, they return to Birmingham - a strange new world where meditation and tree-hugging are replaced with maths homework and TV and the grandmother they have never met. And it's against this bewildering new backdrop - the normality she's always longed for - that Sophie must come to terms with her mortality.

Lucy Caldwell's *Notes to Future Self* opened at the Birmingham Repertory Theatre in February 2011.

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