



Donde Meditan los Árboles (Enigma) (Spanish Edition)

Ramiro Antonio Calle Capilla

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Hace ahora dos años, Ramiro Calle, el introductor y gran divulgador del yoga en España, vivió una experiencia insólita. En cuestión de horas pasó de la más apacible rutina a estar al borde de la muerte a causa de una extraña infección. Una bacteria contraída en su último viaje a Sri Lanka provocó una infección en su cerebro que desconcertó a los médicos; la enfermedad le dejó sumido en estado de coma y hacía esperar "una muerte cierta e inevitable". Pero Ramiro se recuperó felizmente, en lo que algunos (incluido su neurólogo) consideran un verdadero "milagro". //Al hilo de lo ocurrido, este libro recoge las consecuencias en el plano personal y espiritual de una experiencia semejante, dando un paso más allá. En un fértil encuentro con Víctor M. Flores, el reputado experto en hathayoga que cuenta con infinidad de seguidores, ambos —el árbol joven y el más maduro— meditan en voz alta sobre la esencia del yoga y de la vida, desgranando multitud de enseñanzas que revelan al lector aspectos trascendentales de nuestra existencia y, en especial, enuncian los valores y conductas que pueden conducirnos a la paz de ánimo y la verdadera felicidad.



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