



# Scratching the Horizon: A Surfing Life

*Izzy Paskowitz, Daniel Paisner*

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**Scratching the Horizon: A Surfing Life** Izzy Paskowitz, Daniel Paisner

A bitchin' love letter to sand and sea, and a spirited inside account of life with the "first family" of American surfing

In 1956, Dorian "Doc" Paskowitz stepped away from a successful medical practice and began a lifelong surfing odyssey that grew to include his wife Juliette, and their nine children. Together, the Paskowitz clan lived a vagabonding bohemian existence, eschewing material possessions in favor of intangible riches like health and good cheer . . . all the while careening along the world's coastlines in search of the perfect wave.

In *Scratching the Horizon*, Izzy Paskowitz looks back at his unusual upbringing, and his lifelong passion for the sport that carries his family's stamp. As the fourth-oldest child in a family of inveterate surfers, rock stars, and beach bums, he is uniquely qualified to shine a light on a childhood that has come to symbolize the surfing credo, a reckless young adulthood that nearly cost him his sanity, and a maturing sense of self and purpose that allows him to lift others on the back of his experience.

As the father of a son with autism and the founder of "Surfers Healing," a foundation devoted to expanding the horizons of children with autism through surfing, Paskowitz has found a way to connect the surreal aspects of his childhood to the harsh realities of adulthood, and he shares these discoveries in this wickedly entertaining and transforming memoir.

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