

# Pregnancy Sucks: What to do when your miracle makes you miserable

Joanne Kimes, Leslie Young MD



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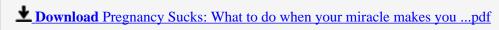
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- That "glowing skin" everyone promised you looks remarkably similar to the hormonal acne you battled as a teen
- Your special bond with your husband? It means he can't sleep in the same room as you, thanks to your killer gas
- The lady at the grocery store remarks "it must be any day now!" when you haven't finished your *second* trimester
- You debut the perfect name for your baby--which your mother-in-law immediately describes as "interesting" (complete with a wrinkled nose)

There's no doubt about it: Pregnancy isn't all it's cracked up to be. In this complete update of the bestselling first edition, Joanne Kimes pairs no-holds-barred humor with helpful advice to get you through the next nine months with (some level of) your sanity intact.

So whether you're looking for the scoop on hypnobirthing, you want to know a cure for your hemorrhoids, or you really just want a laugh (even if you might pee in your maternity leggings), this book will tell you exactly what to do when that miracle of yours is making you totally, completely, gestationally miserable.



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#### **Richard Morris:**

Spent a free the perfect time to be fun activity to try and do! A lot of people spent their leisure time with their family, or their particular friends. Usually they undertaking activity like watching television, likely to beach, or picnic in the park. They actually doing ditto every week. Do you feel it? Do you want to something different to fill your personal free time/ holiday? Could be reading a book may be option to fill your cost-free time/ holiday. The first thing that you ask may be what kinds of e-book that you should read. If you want to consider look for book, may be the e-book untitled Pregnancy Sucks: What to do when your miracle makes you miserable can be fine book to read. May be it might be best activity to you.

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