



Low-Cholesterol Low-Fat Desserts: 100 Light & Fruity Recipes: Delectable Desserts For Everyday, Including Crumbles, Meringues, Cakes, Souffles, ... And Fruit Salads, Shown In 450 Photographs

Simona Hill

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You can still enjoy a sweet treat without the fat, and this tempting cookbook offers over 100 delectable low-fat fruit dessert ideas to try.

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