

### Nigel Calder's Cruising Handbook: A Compendium for Coastal and Offshore Sailors

Nigel Calder



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The most comprehensive and helpful guide ever written for selecting and equipping a cruising sailboat

Whether you're a coastal or offshore cruiser, you'll find your most pressing concerns treated with the know-how that makes for skillful, confident cruising in Nigel Calder's Cruising Handbook. The author -- one of the most respected marine how-to authors on either side of the Atlantic, and author of the universally admired Boatowner's Mechanical and Electrical Manual, -- walks you through all key technical and practical aspects of modern cruising systems and equipment, providing you with a summary of the skills necessary for safe, enjoyable sailing.

The first half of the book includes an easy-to-use tabular method for evaluating a boat's suitability for cruising; ideas for workable deck and interior lay-outs and organization; how to choose and configure suitable boat systems for cruising; and how to install gear for trouble free operation.

The book's second half teaches you boat handling skills; core navigational expertise; anchoring techniques; weather understanding; heavy weather expertise; and specific skills for long-term and long-distance cruising.



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