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Dominic O'Brien

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Never Forget a Number or Date Dominic O'Brien

World Memory Champion an unprecedented eight times, Dominic OBrien shows how anyone can improve their memory with this fun and colorful palm-sized book. For just under \$5-and just in time for those holiday parties-this essential helpmate reveals the secrets to remembering phone numbers and birthdays. OBrien, author of the best-selling *Learn to Remember*, packs this quick-reference book with fun and easy tips for recall know-how geared toward real-life situations. Simple visualization tools, brainpower boosters, and advice on focusing the mind will help turn forgetfulness into a thing of the past. This tiny volume is perfect as a stocking stuffers or not-so-subtle gift for forgetful friends. *Never Forget* gives those memory muscles a much-needed workout.

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