



# In Defense of Juicing: Medical Juicing Therapy

*Dr. Carly Willeford DNP*

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# In Defense of Juicing: Medical Juicing Therapy

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## **In Defense of Juicing: Medical Juicing Therapy** Dr. Carly Willeford DNP

Juicing gives you back power and hope! It gives you an immediate intervention that you can go home and concentrate on which is the first step in healing. When toxic substances are in the body from everywhere including, mental, emotional, physical, environmental, or chemical stress, you need help. You cannot fight this type of an attack with just pharmaceuticals or chemotherapy or surgery. Juicing is your helper and the plants have DNA that is pre-programmed to deliver life, love, living nutrients, and healing. If your immune system is not strong then it is very possible that cancer cells gain an advantage and start to spread. Cancer is beat with a very good and powerful immune system. Immune systems are just like the military with many different branches with different functions all working together with one goal to beat an enemy. It is understood by everyone that a weak military cannot win a war. Cancer is war and you must build a strong immune system to fight cancer. Beside immune system cells your body also comes designed with a way to get rid of substances that your body does not want. We call this innate intelligence and our performance is done through detoxification pathways. These pathways are called phase one and phase two liver detoxification.

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