

## The First Year: Autism Spectrum Disorders: An Essential Guide for the Newly Diagnosed Child

Nancy D. Wiseman



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When parents learn that their child has autism, the news can be devastating, even paralyzing. Meanwhile, the first 12 months after diagnosis are the most important when it comes to intervention.

As a parent of a child with autism, Nancy D. Wiseman knows firsthand how difficult it can be to unravel complex issues, discover what questions to ask, and find effective treatments. In this landmark guide, Wiseman offers both compassionate insight and a wealth of information for diagnoses from Asperger's to classic autism.

Day by day, week by week, month by month, *The First Year*®: *Autism Spectrum Disorders* walks parents through a wide range of medical and lifestyle concerns, helps them navigate the healthcare, insurance, and educational systems, and ensures the best possible outcome for their child.



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