



# **Saving Seeds, Preserving Taste: Heirloom Seed Savers in Appalachia**

*Bill Best*

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The Brown Goose, the White Case Knife, Ora's Speckled Bean, Radiator Charlie's Mortgage Lifter - these are just a few of the heirloom fruits and vegetables you'll encounter in Bill Best's remarkable history of seed saving and the people who preserve both unique flavors and the Appalachian culture associated with them.

*Saving Seeds, Preserving Taste* will introduce listeners to the cultural traditions associated with seed saving, as well as the remarkable people who have used grafting practices and hand-by-hand trading to keep alive varieties that would otherwise have been lost. As local efforts to preserve heirloom seeds have become part of a growing national food movement, Appalachian seed savers play a crucial role in providing alternatives to large-scale agriculture and corporate food culture. Part flavor guide, part people's history, *Saving Seeds, Preserving Taste* will introduce you to a world you've never known - or perhaps remind you of one you remember well from your childhood.

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