

Quick Reference To Clinical Dietetics

Lucinda K. Lysen



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Quick Reference to Clinical Dietetics, Second Edition, is an easy-to-use, research-based text that focuses on the latest topics in nutrition management. Designed for quick access and clear guidance, this practical book is a must for those working in both inpatient and outpatient settings. Each section is written by a leading nutrition expert and offers step-by-step guidelines for nutrition screening and assessment, including physical assessment, nutrition intervention, and follow-up. Updates to the Second Edition include new information on gastric bypass from the Medical Director of the Gastric Bypass Program at Beth Israel Deaconess Medical Center in Boston; coding and reimbursement for medical nutrition therapy; a new chapter on dietary supplements, and complementary and alternative approaches; current coverage of low/controlled carbohydrate diets including the Atkins Diet; weight loss strategies from Barry Sears, Zone Diet creator; and 46 Appendices offer helpful charts and tables for reference.



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