



# **Bell Pepper Recipes: Only the Ultimate Guide to Healthy Mouthwatering Stuffed Peppers: The Essential Kitchen Series, Book 71**

*Heather Hope*

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As a side or a main meal, there is nothing more delicious than the tangy flavor of a stuffed pepper. Use one of these recipes, bursting with flavor, for the perfect end to a busy day. They make for a scrumptious meal shared with friends or family. Having something new, something different, can create a sense of excitement around your meal, turning it into a social event. That's where The Essential Kitchen Series rides to the rescue with *Bell Pepper Recipes*, an astounding collection of pepper inspired recipes. They are destined to satisfy the most finicky eaters and please the most discerning of palates.

### Learn to Master Pepper Inspired Dishes

Where do you start? A question easily answered in the first few minutes of this unique recipe book. Use it as a secret weapon, training yourself and advancing your techniques with each new recipe. Before you know it, you'll be turning 'blah' dishes into 'wow' creations. Have some fun, accept a challenge to try something new and delve in - your mouth with thank you later.

Here's a sample of the unique dishes you'll learn to create:

- Stuffed bell peppers
- Stuffed peppers
- Tuna and rice stuffed peppers
- Tex-Mex stuffed peppers
- Stuffed peppers with ham and rice
- Crockpot stuffed peppers with rice, black beans, and salsa

### Don't Pass Up the Flavor

If you're toying with the thoughts of trying something new, grab this book as a wonderfully tasty introduction into cooking with an assortment of peppers.

It's your body; start treating it the way it deserves. Fuel your furnace with healthy, active ingredients that will extend your life and cleanse your system.

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