

# It Just Makes Sense: Common Sense Living in an Everyday World: 7 Principles for a Joyful and Stress Free Life

Kym Coco



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Full of enlightening information, useful exercises and personal stories, "It Just Makes Sense" will show you how to create clarity, purpose, and harmony in all aspects of your life. Gain confidence in your decision-making. Support your relationships with clear communication. And maximize your energy in your daily routine. Let the power of common sense support your goals and allow you to create a joyful and meaningful life.



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