



Ottawa Food: A Hungry Capital

Don Chow, Jennifer Lim

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An illuminating examination of the history of food in Ottawa and the National Capital Region -- an area with a culinary culture that has developed significantly in the last two decades. During the past 20 years the food scene in Ottawa has changed from a landscape of pub grub-driven dining to a vibrant environment for trendy eateries and forward-thinking chefs. The once bland and mundane culinary culture has been transformed, and the result is an array of destination restaurants and purveyors of high-quality food and drink products. Many of these new and successful players leverage the nearby farms -- nearly 2,000 in total -- and artisan food makers that can provide a huge range of ingredients and possibilities.

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