



Children and Behavioural Problems: Anxiety, Aggression, Depression and ADHD - A Biopsychological Model with Guidelines for Diagnostics and Treatment

Martine Delfos

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In this wide-reaching and comprehensive book psychologist Martine F. Delfos provides practical guidance on the diagnosis, support and treatment of a variety of childhood behavioural problems, including anxiety problems, aggression, depression and ADHD. Presenting a useful and compelling model of the interplay of environment, disposition and central nervous system development, Delfos shows how differences in brain structure between the sexes may have a part to play in behavioural problems in children and adolescents. Children and Behavioural Problems is an essential resource for teachers, psychologists, social workers and other professionals working with children, as well as for parents seeking to support their children with special needs throughout their development.

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