



Mania Has 1000 Faces: Making Diagnosis Simple

MD, Jesse Lee Hite

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Jesse Lee Hite, MD is a board-certified psychiatrist who has 40 years of experience involving adult psychotherapy, psychiatric hospital practice, children, geriatrics, Veterans Administration practice, etc. He has also been an assistant professor of psychiatry in the past.

The most common emotional miseries are described in this small book. Dr. Hite attempts to help lay people diagnose their own particular misery.

He believes that the diagnosis of mixed mania is frequently missed by his fellow psychiatrists and family physicians who are treating depression. It's frequently misdiagnosed as simple depression. The wrong medications are frequently given. Possibly, mixed mania is the most frequent cause of suicide. It is undoubtedly a major cause of depression among our veterans. In this book he attempts to greatly simplify the diagnosis of mixed mania for the lay public and professionals.

He also believes that there is a scientifically unsubstantiated prejudice against benzodiazepines (Valium, Xanax, Ativan) propagated by professionals in substance abuse treatment originally, but now taught in almost all psychiatric residencies. This prejudice robs many patients from obtaining the benzodiazepines they could greatly profit from in the treatment of their emotional miseries. If they buy them on the street, they will go to jail. Benzodiazepines do not cause more dopamine in our brain, and they are not usually an addiction problem.

Dr. Hite expresses many practical reasons for the legalization of marijuana. He feels marijuana has many medicinal uses for the treatment of several emotional miseries. He has been most influenced about the medicinal purposes of marijuana by his veteran patients.

Legalization of marijuana is a question of practicality and morality in the larger sense of that word.

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