

# From Monsters to Miracles: Parent - Driven Recovery Tools That Work

PhD, Anette Edens



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From Monsters to Miracles: Parent - Driven Recovery Tools That Work PhD, Anette Edens Although it's probably the most important job many people will have, most of us enter parenthood seriously unprepared. Regardless of how much we believe we know, we raise our children pretty much by what feels like instinct, doing what our parents did or what we wish they had done. When a child veers off course, our parenting approach has to change.

In her book From Monsters to Miracles: Parent-Driven Recovery Tools that Work author Anette Edens, PhD, shares her experience as a parent and psychologist helping families with children who have addictions.

From Monsters to Miracles: Parent-Driven Recovery Tools that Work is a must-read for parents of substance-abusing teens. You'll learn how to maneuver through the chaos to create a harmonious family life. Even if your teen is not ready or willing to change, there is help and hope.



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