



# Happy-Go-Local: The Smart Mom's Guide to Living the Good (and sustainable) Life!

*Linsly Donnelly*

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CSAs or farmers' markets?

Upcycling or freecycling?

Carpools or staycations?

All of the above?

They're all great choices - but how do you decide where your family's time and energy is best spent?

In *Happy-Go-Local*, Linsly Donnelly shares countless ideas from her own experience in living locally to help you raise a happy and sustainable family. From community swaps to cooking co-ops, her approachable, step-by-step style will inspire you to make changes that bring your family, neighborhood, and town together - one compost pile at a time.

Featuring interviews and tips from professionals in the sustainable movement, this all-in-one guide takes the guesswork out of living locally - and is one item you won't want to recycle!



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