

Escaping The Winter

Anne Mustoe



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The British winter: rain, heavy; trains, cancelled; Christmas, expensive. How many times have you thought that there might be an alternative to grey skies and cold weather- one that will not break the bank? Wintering abroad used to be the preserve of the very wealthy, yet since the advent of cheaper, easier travel, anyone who has the time to spare can escape the winter... and even save some money in the process, No one knows more about ascaping the British winter than acclaimed travel write Anne Mustoe, who has happily spent every Christmas overseas since 1987. Internationally renowned for her entertaining and heroic journeys cycling around the world, the irrepressible Ms Mustoe has put together an invaluable, no-nonesense reference book that is essential reading for anyone who is thinking of fleeing the British Isles during the winter months.

Practical and thorough, Escaping The Winter is packed with all the advice you need to successfully make your escape, whether you crave rural isolation in a mountain hideaway or want to mix with the locals in a busy small town, including:

- Choosing the right destination for you budget and requirements
- Managing your finances and letting your property
- Packing for an extended holiday
- Making new friends and staying in touch with those back home
- Staying safe and healthy
- Getting around.

If you thought of another British winter fills you with dread, then this is the bood for you.



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Cesar Smith:

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Larhonda Kennedy:

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