



A Taste of Mother Russia: A Collection of Over 320 Authentic Russian Recipes

Lora Monk

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Whether you are looking for food like your mother used to make, or you are looking for an exciting new cuisine to tempt your palate, A Taste of Mother Russia is the book for you. It contains over 320 authentic and exciting Russian recipes from appetizers (zakouski) to desserts and everything in between. If you are of Russian descent, you will find many old family favorites as well as new dishes to please your family. If you are new to Russian cooking, you will be amazed at the wonder of Russian cuisine. Lora Monk, the author, was taught to cook by her grandmothers in the Ukraine. She learned to cook the old dishes the old way--by taste and by eye. Since she has come to America, she has continued her love of cooking and has found recipes beyond her grandmothers' repertoire. But she still follows the simple creed they instilled into her many years ago, "Food should never be boring!"

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