



# Living Thoughtfully, Dying Well: A Doctor Tells how to Make Death a Natural Part of Life

*Glen E. Miller*

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Most persons, especially as they are aging, wonder, “How will I die? Will I have a good death? Will I suffer? How will my family respond? How can we manage the dying process better?”

Author Dr. Glen Miller, a retired physician, had his own wake-up call when he suffered a heart attack and determined to help himself and his patients go “gently into that good night.” Dr. Miller emphasizes that good preparation for the inevitable—by individuals and their families—will ease this transitional time of high stress and high emotion.

The book brings a unique perspective related to the author’s professional career and personal medical history—doctor of internal medicine who cared for dying patients, healthcare administrator who understands how the healthcare system works, and Christian who thinks that dying can be a natural part of life. All of this is in the context of the author’s own healthcare narrative and his personal search for a good death. With a foreword by Dr. Jeff Gordon and personal advice gleaned from his work with Mother Teresa of Calcutta, Dr. Miller provides rich guidance for any and all who are worried about the process of dying and how to make it better.

Born on a farm in northwest Ohio, Glen Miller’s vocation and motivations took him to more than 44 countries. Over 25 years, he played a key role in elevating the local hospital in Bellefontaine, Ohio, to the top rung of small hospitals in the state. Dr. Miller is retired and lives in Goshen, Indiana, with his wife Marilyn.

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