



Dude Making a Difference: Bamboo Bikes, Dumpster Dives and Other Extreme Adventures Across America

Rob Greenfield

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You want to do something for the planet, but what? Change a light bulb, install a low-flow faucet, eat organic? How about ride forty-seven hundred miles across America on a bamboo bicycle, using only water from natural sources, avoiding fossil fuels almost completely, supplying your few electrical needs with solar power, and creating nearly zero waste?

Sound crazy? Maybe. But not if you're Rob Greenfield. Then it sounds like a pretty amazing way to bring your message to as many people as possible, and to have a great time doing it. *Dude Making a Difference* is Rob's first-person account of his incredible adventure in radical sustainability. Join him as he pedals from coast to coast in three and a half months while:

Creating only 2 pounds of trash Using just 160 gallons of water Eating 284 pounds of food from grocery store dumpsters

This one-of-a-kind travelogue will inspire you to reexamine your relationship with the earth's resources. Rob's captivating stories of life on the low-impact road are rounded out by practical guides to help you reduce your personal ecological footprint and plan your own larger-than-life adventures. Author's proceeds from the sale of *Dude Making a Difference* will be donated to 1% for the Planet.

Rob Greenfield is an adventurer and environmental activist whose creative campaigns educate and inspire. He's crossed the US twice on a bamboo bicycle, gone a year without showering, and dived into over one thousand dumpsters, all to wake people up to the impact of their daily actions and to instigate social change.

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Steven Page:

Playing with family inside a park, coming to see the sea world or hanging out with buddies is thing that usually you might have done when you have spare time, in that case why you don't try point that really opposite from that. One particular activity that make you not sensation tired but still relaxing, trilling like on roller coaster you already been ride on and with addition of information. Even you love Dude Making a Difference: Bamboo Bikes, Dumpster Dives and Other Extreme Adventures Across America, you can enjoy both. It is fine combination right, you still want to miss it? What kind of hang type is it? Oh can occur its mind hangout guys. What? Still don't get it, oh come on its called reading friends.

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